SUPER PLUNGE

SOMD's toughest cold water challenge!

WHAT

Super Plunging is our ultimate challenge! This is our elite fundraising and endurance Plunge option... plunging 24 times in 24 hours alongside fellow Super Plungers and our Special Olympic Maryland athletes.

WHO

Anyone up for the challenge to raise $10,000 for the privilege to plunge 24 times in 24 hours. NOT for the faint of heart. Our Super Plunge team is limited to approximately 60 Super Plungers each year.

WHERE

Sandy Point State Park in our VIP tent.

WHEN

Friday, January 22nd to Saturday, January 23rd. Our first plunge of 24 is on Friday at 10am and we plunge every hour on the hour until Saturday at 9am.

DETAILS

In a nutshell, it's a really great time. Our Super Plunge team becomes a family leading up to the event and spending those 24 hours together really solidifies it. We plunge every hour on the hour and every plunge hour has a theme (you'll get all those details as we get closer), we have a 24-hour DJ, lots of food, and a ton of fun.

WHY

It's a one-of-a-kind opportunity to truly experience inclusion with this amazing group of dedicated individuals who are all creating a world where opportunity is not limited by a disability.

HOW

Email Sharon Perfetti at sperfetti@somd.org for more info and a code to register