



FROM THE OFFICES OF  
 Beary White, Plunge President  
 Sandy Point State  
 1100 E College Pkwy  
 Annapolis, MD 21409



Please excuse \_\_\_\_\_ from:

Work  School  Other

On: \_\_\_\_\_

Diagnosis: winter blues

Notes: freezin' for a reason is the best way to cure winter blues. take the afternoon off and head down to sandy point state park to plunge with beary white.



Beary White  
 SIGNATURE



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